



Clarity Manifestation Exercise

Go to DianeArmitage.com/Clarity for a fun explanatory video from Diane on how to put this together.

The screenshot shows a journal page with an orange border. At the top, it says "I AM LEGENDARY" with a small icon of a person jumping. Below that is a text box with the prompt "I am so happy & grateful now that ..." followed by a "Date: _____" field. There are three horizontal lines for writing. At the bottom, the website "DianeArmitage.com" is visible.

